

# HEALING JOURNEY COUNSELING SERVICES, LLC



*Help on the journey to healing, wholeness, and tranquility.*

1122 O.G. Skinner Drive  
West Point, Ga 31833

Phone: 404-800-4048  
Fax: (334)-209-2722

## Comprehensive Psychosocial History

Date: \_\_\_\_\_ Referred by: \_\_\_\_\_ May we thank them: Y/N  
Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_ SSN: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Occupation: \_\_\_\_\_ Work Phone \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Male \_\_\_ Female \_\_\_ Married \_\_\_ Single \_\_\_ Divorced \_\_\_ Widowed \_\_\_ Partner \_\_\_  
If minor child-Parents name \_\_\_\_\_  
Home/Mobile Phone: \_\_\_\_\_ Is it ok to leave message for you at this number? Y/N  
Email \_\_\_\_\_ Is it ok to email you at this address? Y/N  
Racial/Ethnic Identity: \_\_\_\_\_ Religious/denominational Preference: \_\_\_\_\_  
Person to notify in case of emergency: Name \_\_\_\_\_ Phone# \_\_\_\_\_

If you are using your EAP provide the name and contact information of your EAP company. Your regular insurance should be listed under secondary insurance.

Person to notify in case of emergency: Name: \_\_\_\_\_ Phone # \_\_\_\_\_  
Name of EAP Company \_\_\_\_\_ Authorization Number: \_\_\_\_\_  
Number of sessions authorized: \_\_\_\_\_  
Secondary Insurance: Circle one: HMO PPO      MEDICARE      MEDICAID      TRICARE: STANDARD OR PRIME  
Name of Insurance Company \_\_\_\_\_ Group # \_\_\_\_\_ Authorizations required: Y/N  
Policyholder Name: \_\_\_\_\_ ID# \_\_\_\_\_ Policyholder SSN \_\_\_\_\_  
Policyholder Date of Birth \_\_\_\_\_  
Insured's relationship with client: Self \_\_\_ Spouse \_\_\_ Child \_\_\_ Authorization # \_\_\_\_\_ # of sessions authorized \_\_\_\_\_.

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## Client Authorization

\_\_\_ I authorize the release of any medical or other information necessary to process my insurance claim.

\_\_\_ I authorize payment of medical benefits to the provider for services. I fully understand that, regardless of insurance coverage, I am legally responsible for all fees due for counseling.

Signature \_\_\_\_\_ Date \_\_\_\_\_

## Client information

Reason for seeking counseling:  Personal Choice  Referral by a physician \_\_\_\_\_

Court Mandate  Terms of Probation  Terms of Parole

If court mandated, by which judge \_\_\_\_\_ Date of order: \_\_\_\_\_

If for terms of probation or parole, name(s) of P.O. (s): \_\_\_\_\_

## Section 1

### Current concerns:

Presenting Concern: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

When did this concern begin (give dates)? \_\_\_\_\_

Have you been in counseling before or received any prior professional assistance for your concerns? If so, please give dates of treatment and results \_\_\_\_\_  
\_\_\_\_\_

What do you hope to accomplish in counseling? \_\_\_\_\_  
\_\_\_\_\_

What kind of obstacles could get in the way? \_\_\_\_\_  
\_\_\_\_\_

Please list any counseling or mental health treatment that you have had in the past (give dates and reasons) \_\_\_\_\_

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Do you have a family history of mental illness, psychiatric hospitalizations, addictions, or nervous breakdowns?

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## Section 2

### Relationship Status:

Are you currently in a romantic relationship? N / Y If yes, for how long? \_\_\_\_\_

Current relationship satisfaction Poor 1 2 3 4 5 6 7 8 9 10 Excellent

Describe any problems you are experiencing in the relationship \_\_\_\_\_

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Do you have prior marriages? Y N If yes, how many \_\_\_\_\_ How long were you married? \_\_\_\_\_

Do you have children? Y N If yes, gender, how many, and ages \_\_\_\_\_

Describe any problems you are having with your children \_\_\_\_\_

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Describe any problems with family members or friends \_\_\_\_\_

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### Employment Status:

Employed: Full-time Part-time Self-Employed Unemployed Occupation \_\_\_\_\_ Years on current job \_\_\_\_\_

Current employment satisfaction Poor 1 2 3 4 5 6 7 8 9 10 Excellent

**Circle Level of Education:** Some High School High School Some College College Degree Technical School

### Section 3 Medical/Health: In the past year have you experienced or are you experiencing any of the following:

- Head injury or seizures  Epilepsy –what type?  
\_\_\_\_\_
- Black outs or dizziness  Delirium Tremens   
Exposure to a toxin or poison  Chills or

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persistent fever ○ Circulatory Problems ○ Poor Circulation ○ Varicose Veins

- Anemia
- Internal bleeding, spitting up blood
- Other blood system disorders \_\_\_\_\_
- High Blood Pressure ○ Low Blood Pressure
- Heart Problems \_\_\_\_\_
- Endocrine Problems
- Thyroid
- Diabetes
- Tumors, cyst: benign \_\_\_\_\_: malignant \_\_\_\_\_
- Liver or pancreas malfunction
- Kidney or bladder problems (i.e., infections)
- Gastro-intestinal; stomach \_\_: appetite \_\_\_\_: esophageal hernia \_\_\_\_\_
- GI Tract: chronic diarrhea: hemorrhoids
- Ulcers
- Irregular menstrual period \_\_\_\_; Menopause \_\_\_\_\_
- Dental Problems
- Glaucoma
- Other uncorrectable visual problems
- Persistent Cough
- Frequent drowsiness
- Frequent periods of breathlessness
- Frequent nervousness
- Frequent headaches
- Frequent nausea
- Nose bleeds
- Asthma
- Allergies \_\_\_\_\_

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- Tuberculosis

Describe any medical problems not mentioned up to this point.

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Do you smoke cigarettes/cigars/pipe? \_\_\_\_\_ How many a day? \_\_\_\_\_

Are you in recovery from substance abuse or addiction? \_\_\_\_\_

How much alcohol do you drink in a week? \_\_\_\_\_

Do you use street drugs? (i.e., pot, heroin, cocaine, methamphetamine, etc.) \_\_\_\_\_

How often do you use street drugs? \_\_\_\_\_

Date of your last physical examination: \_\_\_\_\_

Is your physician aware of the medical problems you described? \_\_\_\_\_

Physician(s): \_\_\_\_\_

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Medications:

\_\_\_\_\_ for \_\_\_\_\_ Prescribing Physician \_\_\_\_\_

\_\_\_\_\_ for \_\_\_\_\_ Prescribing Physician \_\_\_\_\_

\_\_\_\_\_ for \_\_\_\_\_ Prescribing Physician \_\_\_\_\_

\_\_\_\_\_ for \_\_\_\_\_ Prescribing Physician \_\_\_\_\_

Adverse reactions to medications

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Do you take all medications as prescribed? Yes No Do you take vitamins and/or herbal remedies? Yes No If yes, what, and how often? \_\_\_\_\_

How many times per week do you exercise for at least 20 minutes? One or less  Two to Four   
Five or more

How is your physical health at present? Poor Unsatisfactory Good Excellent

Have you ever had any head injuries or loss of consciousness? Y N

**Female Clients please complete this section.**

Menstrual History: How old were you when you got your first period? \_\_\_\_\_ Is your period regular? Y N

Do your periods affect your mood? Y N Duration? \_\_\_\_\_ Date of last period? \_\_\_\_\_  
Any relevant information about abortions or miscarriages? If yes, please describe \_\_\_\_\_

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Which category best describes your diet? **Please circle a category.**

Very Healthy (lots of fresh fruits/vegetables/whole grains and few sweets/fatty foods).

Moderately Healthy (Some fresh fruits/vegetables/whole grains, and some sweets/fatty foods).

Unhealthy (Few fresh fruits/vegetables/whole grains, and lots of sweets/fatty foods).

Between Unhealthy and Moderately Healthy

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**Section 4      Please Check All That Apply**

Difficulty with	Now	Past	Difficulty with	Now	Past	Difficulty with	Now	Past
Suicidal thoughts			Homicidal thoughts			Hallucinations		
Physical Abuse			Sexual abuse			Domestic violence		
Verbal Abuse			Depression			Mood changes		
Self-mutilation			Panic			Trauma		
Anxiety			Stress			Friends		
Alcohol abuse			Drug Abuse			Gambling		
Anger			Irritability			Other addiction		
Fears			Children			Parents		
Employer			Co workers			Spouse		
People in general			Loss of memory			Feeling manic		
Trusting others			Communicating			Eating problems		
Sleeping problems			Severe weight loss			Severe weight gain		
Blackouts			Finances			Sexual problems		
Legal Problems			Nightmares			Nausea		
Dizziness			Fainting spells			Chest pain		
Heart Palpitations			Muscle tension			Careless mistakes		
Attention			Fidget frequently			Obsessive thoughts		
Easily Distracted			Waiting your turn			Completing tasks		
Flashbacks			Authority			Discipline		
Headaches			Hyperactivity			Learning Disability		
Speaking without thinking			Failure to follow rules			Grades		

**Strengths: Please review the list and check those qualities you feel you possess.**

<b>Integrity</b>	Courage/Bravery	Persistence	Gratitude	Love
<b>Creativity</b>	Vitality	Forgiveness	Spirituality	Opportunistic
<b>Openmindedness</b>	Kindness	Prudence	Humor/Witty	Patient
<b>Love of learning</b>	Loyalty	Self-Control	Hope	Confident
<b>Perspective</b>	Fairness	Leadership	Love of beauty	Rational
<b>Charming</b>	Polite	Attractive	Assertive	Adaptable
<b>Serious</b>	Relaxed	Healthy	Intellectual	Tactful
<b>Resourceful</b>	Organized	Serious	Logical	Strong-minded

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

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## Mental Health History

**Have you ever been diagnosed with a mental illness?** (Please circle one) **Y / N**

If yes: Date (month/year) \_\_\_\_\_ Approximate Age \_\_\_\_\_

Diagnosis \_\_\_\_\_ Were you treated? **Y / N** (please circle one)

If yes, what form of treatment did you receive? \_\_\_\_\_

**Has anyone in your family ever been diagnosed with a mental illness?** **Y / N** If yes, then

What family member \_\_\_\_\_ Diagnosis \_\_\_\_\_

What family member \_\_\_\_\_ Diagnosis \_\_\_\_\_

What family member \_\_\_\_\_ Diagnosis \_\_\_\_\_

**Are you presently or have you previously participated in counseling or psychotherapy?** \_\_\_\_\_

If yes: Counselor(s) \_\_\_\_\_ Reason(s) \_\_\_\_\_

**Have you ever had thoughts or feelings to harm/kill yourself?** **Y / N** Another person? **Y / N**

If yes, have you attempted to harm yourself previously? **Y / N** Please respond to the following three

questions by selecting a number between 1 and 10 (1 = not at all likely; 10 = very likely). Do you

presently intend to harm yourself/someone? \_\_\_\_\_ Do you currently have a plan to harm

yourself/someone? \_\_\_\_\_ Do you currently have the means and/or opportunity to harm yourself or

another person? \_\_\_\_\_

**Are you presently or have you previously in the past year experienced:**

**Depression** – times when you feel sad, hopeless, or discouraged, and can't snap out of it?

- Poor appetite/overeating
- Low self-esteem
- Poor concentration
- Feelings of hopelessness



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- Sleep disturbance (insomnia, hypersomnia) ○ Fatigue or low energy ○ Guilt feelings or worthlessness
- Lack of interest in things you used to enjoy

\_ **Anxiety** – ongoing worry, periods when you feel that something bad is going to happen, or that you are in some sort of danger?

- Restless ○ Easily tired ○ Problems concentrating ○ Irritability ○ Tension in muscles
- Problems falling asleep or staying asleep ○ Periods of intense fear or discomfort

\_ **Obsession/Compulsion** – thoughts, words, or worries that run through your mind that you wish you could get rid of, or do you struggle to keep yourself from repeating behaviors?

- Do you repeat things as if they were rituals (repeating hand washing, checking locks on doors, etc.)? ○ What do you think might happen if you did not repeat these behaviors?
- Other \_\_\_\_\_

\_ **Mania/Hypomania** – are there times when you are so happy or energetic that you can get by on very little sleep, and even feel that you can get away with things that are dangerous? ○ Rapid speech (pressure to keep talking) or increased talkativeness ○ Racing thoughts or flight of ideas ○ Distractibility ○ Irritability

- Inflated self-esteem or grandiosity

\_ **Delusions/Hallucinations** ○ Do you ever think of something so strongly that others can hear your thoughts?

- Is someone plotting to harm you?
- Has someone put thoughts in your head or taken thoughts out of your head? ○ Do you think you have done something terrible and deserve to be punished?
- Do you have ideas or beliefs that other people do not accept as true?
- Have you heard noises or sounds that others did not hear?
- Have you seen visions that others did not see? ○ Do you have strange sensations in your body or on your skin?
- Do you smell things that others don't notice, or have strange tastes in your mouth? ○ Do you ever feel that you are being controlled by some strange force or power?
- Depersonalization/Derealization: Do you feel that things around you are not real, that you are not real, or that you are detached from yourself or the things around you?

**Are you currently experiencing difficulty in any of the following areas:**

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- \_ Primary support group?
- \_ Interpersonal/social?
- \_ Academic standing/education?
- \_ Occupational performance/employment?
- \_ Housing/living conditions?
- \_ Finances/economic?
- \_ Access to health care services?
- \_ Legal system/crime?
- \_ Other? \_\_\_\_\_

**Current GAF:** \_\_\_\_\_

## Substance Use History

### Family Alcoholic/drug abuse history:

- Father
- Mother
- Grandparent(s) maternal/paternal
- Sibling(s)
- Stepparent/Live in
- Uncle(s) Aunt(s)
- Children

### Substance use status:

- No history of use
- Active abuse
- Early full remission
- Early partial remission
- Sustained full remission
- Sustained partial remission
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Other \_\_\_\_\_

**Treatment History:**

Outpatient-When \_\_\_\_\_  
Where \_\_\_\_\_

Inpatient-When \_\_\_\_\_  
Where \_\_\_\_\_

12-Step Program-Age(s) \_\_\_\_\_

Stopped on own-Age(s) \_\_\_\_\_

Other-Age(s) \_\_\_\_\_

—

**Consequences:**

- Hangovers
- Seizures
- Blackouts
- Injuries
- Overdose
- Drug induced psychosis
- Withdrawal Symptoms
- Medical Complications
- Tolerance changes
- Loss of control of amount used
- Sleep disturbance
- Assaults
- Suicidal impulse
- Relationship conflicts
- Binges
- Job Loss
- Arrests/DUIs

**Substances used: Please circle substances used and complete each section**

	Age First Used	Age Last Used	Current Use Y/N	Frequency (how often)	Amount (how much)
Alcohol	_____	_____	_____	_____	_____
Amphetamines/Speed	_____	_____	_____	_____	_____
Barbiturates/Downers	_____	_____	_____	_____	_____
Caffeine	_____	_____	_____	_____	_____
Cocaine	_____	_____	_____	_____	_____
Crack	_____	_____	_____	_____	_____
Hallucinogens (LSD)	_____	_____	_____	_____	_____
Inhalants (glue,gas)	_____	_____	_____	_____	_____
Marijuana or Hashish	_____	_____	_____	_____	_____
Nicotine/Cigarettes	_____	_____	_____	_____	_____
PCP	_____	_____	_____	_____	_____
Prescription(s)	_____	_____	_____	_____	_____
Other	_____	_____	_____	_____	_____

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## Criminal and Violence History

**Have you ever been convicted of a family violence charge?** (Please circle one) **Y / N** If so, then:

Date of conviction: \_\_\_\_\_ Victim(s): \_\_\_\_\_

**Have you ever been the victim of family violence or other violence?** (Please circle one) **Y / N**

When: \_\_\_\_\_ How often: \_\_\_\_\_ The perpetrator(s)? \_\_\_\_\_

**In your lifetime have you ever been convicted of a misdemeanor?** (Please circle one) **Y / N**

What was the charge: \_\_\_\_\_ Date of conviction: \_\_\_\_\_

What was the charge: \_\_\_\_\_ Date of conviction: \_\_\_\_\_

What was the charge: \_\_\_\_\_ Date of conviction: \_\_\_\_\_

**In your lifetime have you ever been convicted of a felony?** (Please circle one) **Y / N** If so, then,

What was the charge: \_\_\_\_\_ Date of conviction: \_\_\_\_\_

What was the charge: \_\_\_\_\_ Date of conviction: \_\_\_\_\_

What was the charge: \_\_\_\_\_ Date of conviction: \_\_\_\_\_

**Have you ever physically assaulted another person in your family?** (Please circle one) **Y / N** If so; (i.e., mother, father, grandparent, sibling, spouse, child, etc.)

Which family member: \_\_\_\_\_ How often: \_\_\_\_\_ Last occurrence: \_\_\_\_\_

Which family member: \_\_\_\_\_ How often: \_\_\_\_\_ Last occurrence: \_\_\_\_\_

Which family member: \_\_\_\_\_ How often: \_\_\_\_\_ Last occurrence: \_\_\_\_\_

**Have you ever assaulted someone that is or was not in your family?** (Please circle one) **Y / N** If so; (i.e., girlfriend, boyfriend, neighbor, friend, acquaintance, stranger, etc.)

Who: \_\_\_\_\_ How often: \_\_\_\_\_ Last occurrence: \_\_\_\_\_

Who: \_\_\_\_\_ How often: \_\_\_\_\_ Last occurrence: \_\_\_\_\_

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Who: \_\_\_\_\_ How often: \_\_\_\_\_ Last occurrence: \_\_\_\_\_

## Education and Work History

Highest grade completed \_\_\_\_\_ . Total number of years of education (GED = 12): \_\_\_\_\_

Favorite subject(s) in school: \_\_\_\_\_

Least favorite subject(s): \_\_\_\_\_

Name(s) of elementary school(s): \_\_\_\_\_

\_\_\_\_\_

Name(s) of junior high or middle school(s): \_\_\_\_\_

\_\_\_\_\_

Name(s) of high school(s): \_\_\_\_\_

\_\_\_\_\_

Post-Secondary Degree(s): (please circle) BA / BS; MA / MS; EdS / PhD; Other \_\_\_\_\_

Area or Field of Study: \_\_\_\_\_

Technical Training Certificate(s): \_\_\_\_\_

If not able to complete or still actively pursuing a degree or certificate, what degree or certificate were you working toward? \_\_\_\_\_, and what how much longer will/would it take to complete the program? (Please specify years or months) \_\_\_\_\_

Current vocation or job title: \_\_\_\_\_

Name of Company: \_\_\_\_\_ How long employed: \_\_\_\_\_

Armed Services: Y / N; Branch: \_\_\_\_\_; Highest Rank Achieved: \_\_\_\_\_

Length of service: \_\_\_\_\_; Type of work: \_\_\_\_\_

In the table below, please list your jobs for the past 10 years:

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Type of work \_\_\_\_\_ Company Reason for leaving \_\_\_\_\_ Length/Time employed \_\_\_\_\_

## Personality Styles

There are 15 personality styles or types listed here. Starting with the first type, read its description and then put an X in one of the three columns: “Mostly like me,” or “Somewhat like me,” or “Not like me.” Do this with ALL 15 types.

	MOSTLY LIKE ME	SOMEWHAT LIKE ME	NOT LIKE ME
1. I am the type who gets good marks or promotions, has one or two very close friends, and follows the rules of society (PD)			
2. I am the type who lives and feels like an emotional Yo-Yo. Sometimes my feelings are up very high, and I am highly charged and sometimes my feelings			
are flat and I feel hopeless (BiP)			
3. I am the type who makes friends easily and who knows how to charm or lie to get others to give me things I want. I take what I want when I want it and I do not feel too sorry for them (CON)			
4. I am the type who feels inside like I am really a female, not a male and I want to dress like a girl and wear make-up, and I want to live my life as a girl (GI)			
5. I am the type who avoids other people for fear they will laugh or embarrass me. I am shy about making friends even though I would like to because I do not think I am as good as other people (AVD)			
6. I am the type who needs someone to make decisions for me and take care of me. I do not ever want someone to get mad at me and I am afraid of being			

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left alone to take care of myself (DEP)			
<b>7.</b> I am the type who likes to do just the opposite of what other people want me to do; the faster someone tries to make me go, the slower I move. I like to annoy others, especially most adults and I feel I have the right to make others suffer because they want to blame me for everything (OD)			
<b>8.</b> I am the type who would rather work hard than play but I have trouble finishing what I am working on because I worry it is not quite right or perfect. I like rules, and I try to live a perfect life and I expect others to do the same (OC)			
<b>9.</b> I am the type who believes most everyone is dishonest and threatening and that they are out to			

hurt me. I feel I must protect myself from them and I will not forgive people who try to hurt me (PA)			
<b>10.</b> I am the type who does not feel close to anyone including my family. I do not want to be near others and I try to go off by myself whenever I can (Sc)			
<b>11.</b> I am the type who was always getting into trouble because of my fighting, stealing, runaway, school conduct, lying, wrecking things and using alcohol and drugs. I may have been arrested a couple of times, but my friends thought that was cool (CD)			
<b>12.</b> I am the type who wants to be the center of attention and for others to think I am great and give me a lot of attention. I can get easily			

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excited one minute and the next I am angry or bored. I love to show off (HIS)			
<b>13.</b> I am the type who does not listen or pay much attention and I jump from one thing to another. I am always losing things and I cannot sit still or be quiet. I butt in when others are talking or playing because I cannot wait my turn. I never finish hat I am supposed to and others get mad at me because I am always getting up and running around. (ADHD)			
<b>14.</b> I am the type who seems to be a loser at everything I do. I cannot do anything right and I feel helpless when I am asked to do something I am always made fun of and teased by others. I am awkward and clumsy and I feel like a failure and a fool. (Inadequacy)			
<b>15.</b> I am the type who is very superior to others because of my looks, the things I can do and my being very important. I expect people to treat me very special			
because of who I am and I only associate with the few other people who are as important as I am (NAR)			

Sometimes people are not like any of the 15 types and mark an X in all of the “Not Like Me” column for all types. That is expected and is OK. However, we still want to know how you see yourself so please describe yourself. (Use extra paper if you need to)

### Parental and Family History

Father’s Name: \_\_\_\_\_ His occupation while you were growing up



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His age now: \_\_\_\_\_ If he is not alive, how old were you when he died? \_\_\_\_\_

How did he die? \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Her occupation while you were growing up \_\_\_\_\_

Her age now: \_\_\_\_\_ If she is not alive, how old were you when she died? \_\_\_\_\_ How did she die? \_\_\_\_\_

Siblings (brothers or sisters) if any. List by birth order & identify if they are a Whole, Half, or Step sibling

1<sup>st</sup> Name: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M / F W / H / S

1<sup>st</sup> Name: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M / F W / H / S

1<sup>st</sup> Name: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M / F W / H / S

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1<sup>st</sup> Name: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M / F W / H / S

## PLEASE FINISH THE FOLLOWING:

In my growing up years my parents argued \_\_\_\_\_.

In my growing up years my parents showed their affection for each other by \_\_\_\_\_.

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During your growing up years did either of your parents hit the other? \_\_\_\_\_ Describe \_\_\_\_\_

In your growing up years did either of our parents suffer from alcoholism, violence, criminal behavior, sexual problems or mental disturbance? \_\_\_\_\_ Who? \_\_\_\_\_

Explain \_\_\_\_\_

Did your parents stay married during the time you were growing up? \_\_\_\_\_ If they divorced, how old were you at the time? \_\_\_\_\_ How did you feel about the divorce? \_\_\_\_\_

What was your father like when you were growing up? \_\_\_\_\_

How do you think he would have described you when you were growing up? \_\_\_\_\_

How did he discipline you? \_\_\_\_\_

How did he show concern and affection for you? \_\_\_\_\_

What was your mother like when you were growing up? \_\_\_\_\_

How did you feel about her when you were growing up? \_\_\_\_\_

How do you think she would have described you when you were growing up? \_\_\_\_\_

How did she discipline you? \_\_\_\_\_

Did you need disciplining often? \_\_\_\_\_ For what kinds of things? \_\_\_\_\_

Do you consider yourself to have been abused as a child? \_\_\_\_\_ Describe: \_\_\_\_\_

When growing up I was closest to: \_\_\_\_\_

When I was growing up, I was able to confide in \_\_\_\_\_

Did your parents treat you differently than your brothers and sisters? \_\_\_\_\_ Explain \_\_\_\_\_

Who do you feel has positively influenced you the most in life? \_\_\_\_\_ Why? \_\_\_\_\_

Who do you hold as most at fault for the problems you have in life? \_\_\_\_\_ Why? \_\_\_\_\_

**1122 O.G. Skinner Drive  
West Point, Ga 31833**

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**Ph: 404-800-4048**  
**Fax: 334-209-2722**

To Our Patients:

In general, the HIPPA Privacy Rule gives individuals the right to request a restriction on uses and disclosures of their Protected Health Information (PHI). The individual is also provided the right to request confidential communications of PHI be made by alternative means, such as sending correspondence to an address other than one's home address.

The Therapists and staff of Healing Journey Counseling Services, LLC respect client privacy and wish to make all reasonable attempts to respect client wishes regarding confidential information. With that in mind, please indicate your preferences in the areas noted below.

**I wish to be contacted in the following manner (Check all that applies).**

Home Telephone: \_\_\_\_\_

OK to leave message with detailed information: YES \_\_\_\_\_ NO \_\_\_\_\_

Leave message with call back number only: YES \_\_\_\_\_ NO \_\_\_\_\_

Work Telephone: \_\_\_\_\_ Cell: \_\_\_\_\_

OK to leave message with detailed information: YES \_\_\_\_\_ NO \_\_\_\_\_

Leave message with call back number only: YES \_\_\_\_\_ NO \_\_\_\_\_

Written communications-including your account with our office:

OK to mail to my home: YES \_\_\_\_\_ NO \_\_\_\_\_

OK to mail to my work/office: YES \_\_\_\_\_ NO \_\_\_\_\_

OK to fax to this number: YES \_\_\_\_\_ NUMBER \_\_\_\_\_ NO \_\_\_\_\_

Other individuals, (family, friends, etc.) that we may speak to regarding your care and or bills.

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

PRINT NAME: \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

**HEALING JOURNEY COUNSELING SERVICES, LLC**

**1122 O.G. Skinner Drive  
West Point, Ga 31833  
Office: 404-800-4048  
Fax: 334-209-2722**

**CANCELLATION POLICY**

If you are unable to keep an appointment, you must notify our office at least 24 hours in advance. If such advance notice is not received, you will be financially responsible for the session that you missed.

**\$100.00 for the first missed appointment, \$150.00 for the second missed appointment and \$200.00 for the third missed appointment.**

Please note that insurances DO NOT PAY for your missed appointments/sessions.

Please print, date, and sign your name below indicating you have read and understand Healing Journey's cancellation policy.

\_\_\_\_\_  
Client Name (Please Print)

\_\_\_\_\_  
Date

If Applicable:

\_\_\_\_\_  
Parents or Legal Guardians Name (Please Print)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parents or Legal Guardians Signature

\_\_\_\_\_  
Date

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**CONSENT FOR TREATMENT OF MINORS**

Client's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Counselor(s): \_\_\_\_\_

This is to certify that I give permission for Healing Journey Counseling Services, LLC and the counselor(s) listed for treatment of my child.

This treatment may also include referrals to other appropriate state and county professional agencies for further counseling.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Printed Name of Parent/Guardian

\_\_\_\_\_  
Street Address

\_\_\_\_\_  
City/State/Zip

\_\_\_\_\_  
Phone

Date: \_\_\_\_\_ Witness/Title \_\_\_\_\_